

# 5 Bucks A DAY - FOCUS Sheet

No Hocus Pocus - Just Focus

## The “5 Bucks A Day” Method



Each week brainstorm and add to the list of projects any ideas to make \$5 a day, then

### FOCUS

**F** – find a project on the list that will move me towards my goal

**O** – occupy myself with nothing else that week until I finish that project

**C** – concentrate only on the tasks that make up that single project

**U** – understand that nothing else is more important that week

**S** - succeed

**... and then, lather, rinse and repeat weekly !**

[“Goals. Habits. Focus. That's how the game is won”, Dennis Becker](#)

